



Handling the Holiday BLUES

Balance	Belief
LOVE	LIFE
Laughter	LOSS
Unique	Understanding
Excellence	Empathy
Safety	SELF

Wednesday, December 5
1000 hours
Hunter Auditorium
Sponsored by
The Community Health Promotion Council

Sporty King began his 18-year career at *The Wall Street Journal* in January of 1975 as a messenger. He served his final 6 years at the *Journal* as an Advertising Sales Manager, before retiring to pursue his oratorical gift as a powerful, impactful and fun speaker.

He moved to Charlotte, NC in July 2010, and has been one of the Cadre of Speakers for the DOD's Yellow Ribbon Program since January 2011... traveling around the country sharing inspirational messages with families going through the Deployment cycle.

His inspirational message for adults resonates with young people. Thus, Sporty loves helping bridge the gap in generational communication... creatively inspiring people to understand success, while enhancing their inter-personal and communication skills. He is a conference speaker, author, and true *Master* of Ceremonies who magically incorporates his positive words and thoughts to help people feel good... as the key to getting the most out of their personal and professional lives. Sporty believes that success is about confidence and listening... and that how people feel about themselves affects their ability to listen.

King has spoken to international and domestic audiences, and is a member of Toastmasters International's 1996 Hall of Fame, finishing as one of the Top 9 speakers in the world. An expert on personal success, the impact of words in our lives, and turning any negative into a positive, Sporty is the author of 5 books of poetry and inspirational affirmations.